



INDIVIDUALITY

Discovering who you are meant to be



READ 1 SAMUEL 16:7

DAY 1

Circle the body parts that you are able to see:

Finger

Toe

Diaphragm

Heart

Kidneys

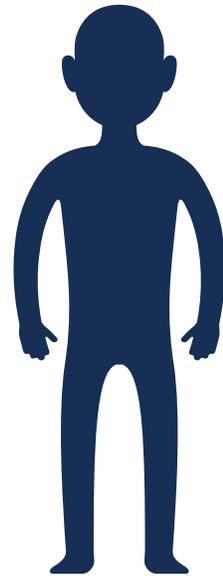
Foot

Elbow

Appendix

Knuckle

Knee



When it comes to our bodies, there's just as much that we can't see as what we can—and maybe more. We might look at each other and think one person is healthy or strong because of the way they look, but we can't see inside their lungs to see if they're clear, or their kidneys to see if they're working right. We have to look deeper than just the surface to really see what matters. The same is true for who we really are as people—we have to take time to really look at each other to see beyond the surface.

THANK God for looking at what really matters in you.

READ JAMES 2:1-4

DAY 2

Grab several of your stuffed animals or toys and put them in order of your most favorite to your least favorite. What do you love most about your favorite toy? And why does your least favorite toy get the low ranking?

It's one thing when you rank your toys or stuffed animals, but have you ever treated a person differently because of the way they looked? Maybe they looked different from you, so you assumed they wouldn't make a good friend. As followers of Jesus, we need to treat everyone the same. So pick up your least favorite toy and show it some love today as a reminder to look for what really matters in people.

ASK God to help you see what really matters in people.

READ PROVERBS 27:17

DAY 3

Circle the words that describe a friend you would like to have:

SMART

KIND

STYLISH

POPULAR

FUNNY

PRETTY

GENEROUS

HONEST

RICH

CREATIVE

LOYAL

INTERESTING

Now underline the second letter in the last word in each column and write them in order here to discover the most important description of a good friend: _ _ _ _

Why iron? Iron is strong, and when you rub two pieces together, both get sharper, and therefore, more effective as a tool. When you choose a friend who has qualities that really matter, it will make YOU a better friend too!

THANK God for the friends in your life who make you a better follower of Jesus.

READ PROVERBS 13:20

DAY 4



If you have three family members or friends nearby, arrange for a three-legged race. (If you only have one person who can play, race against the clock!) Use a scarf or other piece of cloth to tie your leg to another person's, and then it's off to the races!

How did it go? If you were with someone who knew what they were doing, they probably got you to walk in sync, at the same pace. But if you didn't make a wise choice in partners or in your method, you probably were falling all over the place.

Who we choose to walk with, or do life with, matters greatly. God wants us to see what really matters in the people around us, and wisdom is something that matters a whole lot!

ASK God to help you find friends who are wise.

GOD

wants me
to see what
really matters.